

B $\flat$

# SARAH CHRONICLES

Harmonic progression exercises addressing the last eight measures—an extended Plagal cadence—with applications to

'BLUES FOR ALICE' PROGRESSION

Gmaj7

F $\sharp$ 7

B7

Em7

A7

Dm7

G7

Cmaj7

Cm7

F7

many standard tunes

1

Bm7

E7

B $\flat$ m7

E $\flat$ 7

Am7

D7

Gmaj7

7

LAST 8m CAN BE USED FOR MANY TUNES INCLUDING ALL THE THINGS YOU ARE  
SEQUENCE SIMPLE PATTERNS LIKE 12345:

Cmaj7

Cm7

F7

Bm7

E7

B $\flat$ m7

E $\flat$ 7

13

Am7

D7

MINOR OVER V7

Gmaj7

17

54321  
Cmaj7

Cm7

F7

Bm7

E7

B $\flat$ m7

E $\flat$ 7

21

Am7

MINOR 5321 PATTERN SEQUENCED OVER V7

D7

Gmaj7

25

COMMON BEBOP LINES

Cmaj7

Cm7

F7

Bm7

E7

B $\flat$ m7

E $\flat$ 7

29

Am7

MINOR 5321 PATTERN SEQUENCED OVER V7

D7

Gmaj7

33

EXTENDED ARPEGGIOS

37

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

41

Am7 D7 G

EXTENDED ARPEGGIOS

45

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

49

Am7 D7 Gmaj7

MORE ARPEGGIOS

53

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

57

Am7 D7 Gmaj7

BOP LINES

'CRY ME A RIVER'

61

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

65

Am7 D7 Gmaj7

QUOTE FROM 'FOUR'

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

69

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of eighth and quarter notes. Chord symbols are placed above the staff: Cmaj7, Cm7, F7, Bm7, E7, Bbm7, and Eb7.

MINOR 5321 PATTERN SEQUENCED OVER V7

Am7 D7 Gmaj7

73

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of quarter notes. Chord symbols are placed above the staff: Am7, D7, and Gmaj7.

CHROMATIC APPROACH TO 3rd

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

77

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody features chromatic approaches to the third of the chords. Chord symbols are placed above the staff: Cmaj7, Cm7, F7, Bm7, E7, Bbm7, and Eb7.

DIRECT QUOTE FROM 'DONNA LEE'

Am7 D7 MINOR OVER V7 Gmaj7

82

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of eighth and quarter notes. Chord symbols are placed above the staff: Am7, D7, MINOR OVER V7, and Gmaj7.

RELATED TO OUTLINE No. 2

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

86

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of quarter notes. Chord symbols are placed above the staff: Cmaj7, Cm7, F7, Bm7, E7, Bbm7, and Eb7.

Am7

D7

MINOR 1235 over V7

Gmaj7

90

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of quarter notes. Chord symbols are placed above the staff: Am7, D7, MINOR 1235 over V7, and Gmaj7.

RELATED TO OUTLINE No. 2, RHYTHMIC DISPLACEMENT

Cmaj7 Cm7 F7 Bm7 E7 Bbm7 Eb7

94

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of quarter notes with rhythmic displacement. Chord symbols are placed above the staff: Cmaj7, Cm7, F7, Bm7, E7, Bbm7, and Eb7.

Am7

D7

MINOR 1235 over V7

Gmaj7

98

Detailed description: A single musical staff in treble clef with a key signature of one sharp (F#). The melody consists of quarter notes. Chord symbols are placed above the staff: Am7, D7, MINOR 1235 over V7, and Gmaj7.

(and then . . .)