

SARAH CHRONICLES

Harmonic progression exercises addressing the last eight measures—an extended Plagal cadence—with applications to many standard tunes

'BLUES FOR ALICE' PROGRESSION

Fmaj7 Eø7 A7 Dm7 G7 Cm7 F7 Bbmaj7 Bbm7 Eb7

1

Am7 D7 Abm7 Db7 Gm7 C7 Fmaj7

7

LAST 8m CAN BE USED FOR MANY TUNES INCLUDING ALL THE THINGS YOU ARE SEQUENCE SIMPLE PATTERNS LIKE 12345:

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

13

Gm7 MINOR OVER V7 C7 Fmaj7

17

54321 Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

21

MINOR 5321 PATTERN SEQUENCED OVER V7

Gm7 C7 Fmaj7

25

COMMON BEBOP LINES

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

29

MINOR 5321 PATTERN SEQUENCED OVER V7

Gm7 C7 Fmaj7

33

EXTENDED ARPEGGIOS

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

37

Gm7

C7

F

41

EXTENDED ARPEGGIOS

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

45

Gm7

C7

Fmaj7

49

MORE ARPEGGIOS

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

53

Gm7

C7

Fmaj7

57

BOP LINES

'CRY ME A RIVER'

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

61

Gm7

C7

Fmaj7

65

69

Bbmaj7 Bbm7 Eb7 QUOTE FROM 'FOUR' Am7 D7 Abm7 Db7

73

MINOR 5321 PATTERN SEQUENCED OVER V7

Gm7 C7 Fmaj7

77

CHROMATIC APPROACH TO 3rd

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

82

DIRECT QUOTE FROM 'DONNA LEE'

Gm7 C7 MINOR OVER V7 Fmaj7

86

RELATED TO OUTLINE No. 2

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

90

Gm7 C7 MINOR 1235 over V7 Fmaj7

94

RELATED TO OUTLINE No. 2, RHYTHMIC DISPLACEMENT

Bbmaj7 Bbm7 Eb7 Am7 D7 Abm7 Db7

98

Gm7 C7 MINOR 1235 over V7 Fmaj7

(and then . . .)