

HOW MY HEART PRACTICES

LOCATE 3RDS:

1

CONNECT 3RDS WITH UNT OR 7TH:

10

15

OUTLINE No. 1:
CONNECT 3RDS USING DESCENDING SCALE PATTERN
USE 8VA DISPLACEMENT AFTER STRONG BEATS.

20

25

OUTLINE No. 1 VARIATION:
USE COMBINATION OF 3-5-7-9 ARPEGGIO & DESCENDING SCALE PATTERN
TO CONNECT 3RDS
THIS PATTERN ALTERNATES BETWEEN ASCENDING 3-5-7-9 ARPEGGIOS &
INVERTED 3-5-7-9 ARPEGGIOS

30

35

OUTLINE No. 1 VARIATION:
 USE COMBINATION OF 3-5-7-9 ARPEGGIO &
 DESCENDING SCALE PATTERN TO CONNECT 3RDS
 THIS PATTERN IS THE INVERSION OF THE PREVIOUS EXERCISE
 ALTERNATES BETWEEN INVERTED 3-5-7-9 ARPEGGIOS &
 ASCENDING 3-5-7-9 ARPEGGIOS

40

C♯m7 F♯m7 Bm7 E7

3 5 7 9 3 5 7 9

Amaj7 Dmaj7 G♯e7 C♯7 F♯m

44

OUTLINE No. 2:
 1-3-5-7 ARPEGGIO RESOLVES 7TH TO 3RD

49

C♯m7 F♯m7 Bm7 E7

Amaj7 Dmaj7 G♯e7 C♯7 F♯m

53

OUTLINE No. 2:
 1-3-5-7 ARPEGGIO RESOLVES 7TH TO 3RD

58

C♯m7 F♯m7 Bm7 E7

Amaj7 Dmaj7 G♯e7 C♯7 F♯m

62

OUTLINE No. 3:
DESCENDING 5-3-1-7 ARPEGGIO RESOLVES 7TH TO 3RD
3-5-7-9 ARPEGGIO FOLLOWS

67

C♯m7 F♯m7 Bm7 E7

3 5 7 9

Amaj7 Dmaj7 G♯e7 C♯7 F♯m

71

OUTLINE No. 3:
3-5-7-9 ARPEGGIO FOLLOWED BY
OUTLINE No. 3 (DESCENDING 5-3-1-7 ARPEGGIO)

76

C♯m7 F♯m7 Bm7 E7

Amaj7 Dmaj7 G♯e7 C♯7 F♯m

80

CHROMATIC APPROACHES & PASSING TONES ADDED TO
OUTLINE No. 1:
MIXTURE OF RHYTHMIC PLACEMENT OF 3RDS

85

C♯m7 F♯m7 Bm7 E7

Amaj7 Dmaj7 G♯e7 C♯7 F♯m

89

CHROMATIC APPROACHES & PASSING TONES ADDED TO OUTLINE No. 2:

94

C#m7 F#m7 Bm7 E7

98

Amaj7 Dmaj7 G#o7 C#7 F#m

CHROMATIC APPROACHES & PASSING TONES ADDED TO OUTLINE No. 3:

103

C#m7 F#m7 Bm7 E7

3 5 7 9

108

Amaj7 Dmaj7 G#o7 C#7 F#m

3 5 7 9 3 5 7 9

SEQUENCE SIMPLE IDEAS FROM ODD TO EVEN & EVEN TO ODD MEASURES

113

C#m7 F#m7 C#m7 G#m7

117

C#m7 F#m7 C#m7 F#m7

121

C#m7 F#m7 Bm7 E7

CHROMATIC APPROACHES TO EVERY 3RD

125

C#m7 F#m7 Bm7 E7

130

Amaj7 Dmaj7 G#o7 C#7 F#m

135

136

137

138

139

140

141

142